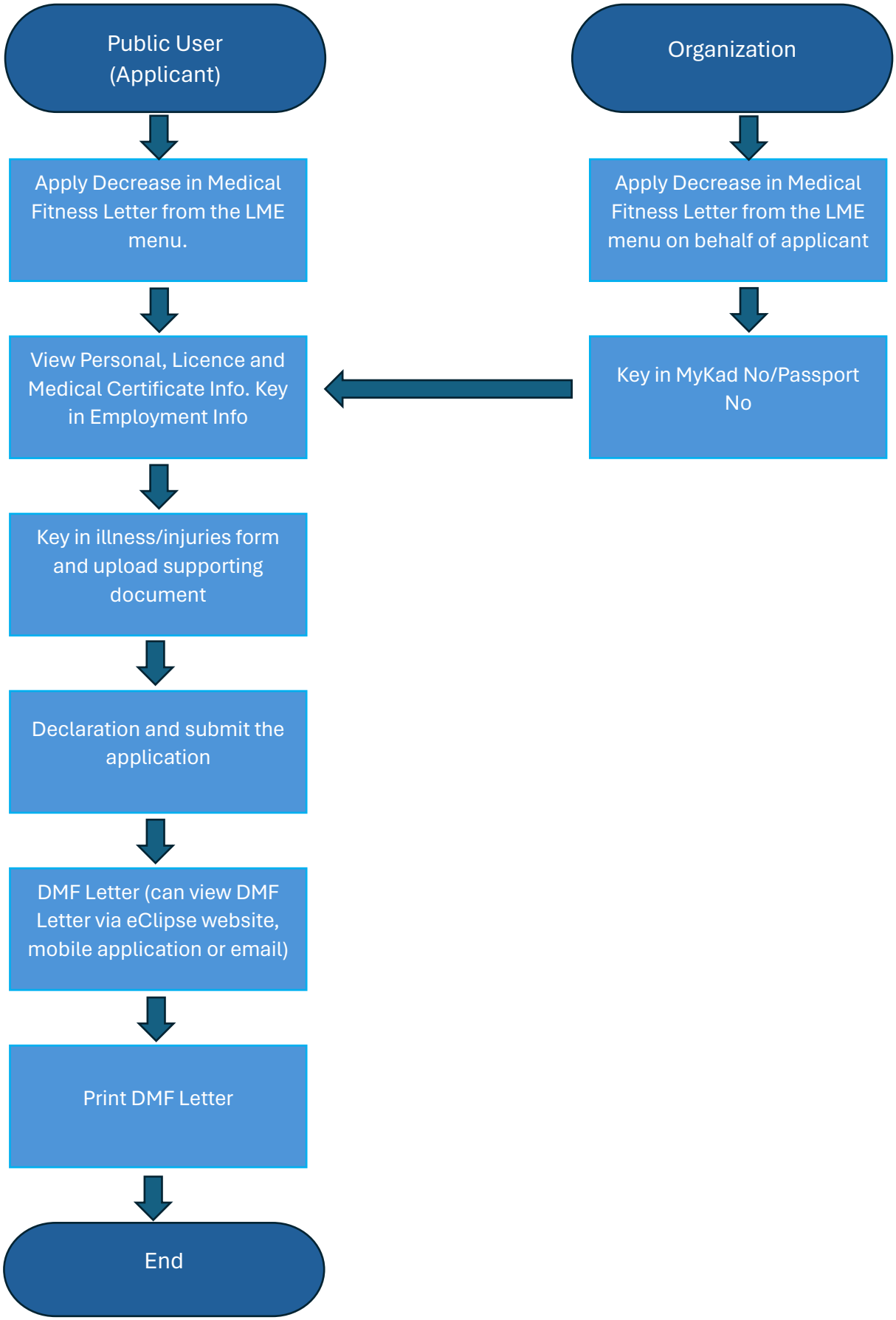**DECREASE IN MEDICAL FITNESS**